

# Seroprevalence of *Toxoplasma gondii* (IgM, IgG) among Aborted Women in Some Karbala Hospital by using ELISA Technique and Microscopic Examination.

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## **Abstract**

In this study, 100 pregnant women experiencing unnatural birth cycle go to the Karbala Maternity and Children Hospital from October/2018 to April/2019. These women submit to a history and physical examination. Blood tests from pregnant ladies were tried for IgG and IgM. Antibodies and serologic information's were gathered. Their normal age was 29 years. The investigation demonstrated that enemy of *Toxoplasma* IgG, IgM, and by and large seropositivity of all antibodies were 42.85% and 57.14% separately. There was noteworthy impact of age on extent rate. The most noteworthy disease rates were found at 20-25 age gathering, while the least contamination rate found at 36-40 age gatherings. The all out predominance was more in Second Trimester of pregnancy (12.22%). IgG was increasingly amassed in Second Trimester (13.33%) than IgM (11.11%). No noteworthy distinction was found among residency and the commonness of *Toxoplasma gondii* antibodies in both rustic and urban territories. Watchwords: *Toxoplasma gondii* Infection, Toxoplasmosis. Using a microscopic sample of blood samples, 14 positive blood samples from 100 were found and the infection was identified by its characteristic characteristics.

**Key words:** *Toxoplasma gondii*, IgM, IgG, Aborted Women

## **Introduction**

*Toxoplasma gondii* that causes the malady toxoplasmosis is a commit intracellular parasitic protozoan<sup>1</sup>. Serological investigations assess that up to 33% of the worldwide populace has been presented to and might be constantly tainted with *T. gondii*, in spite of the fact that disease rates contrast essentially among nations<sup>20</sup>. Transmission of *Toxoplasma gondii* happens generally by the ingestion of debased crude/half-cooked meat with tissue blisters, just as nourishment borne route through the ingestion of tainted vegetable/water with oocysts<sup>11</sup>. The European Food Safety Authority (EFSA) has archived toxoplasmosis as parasitic zoonosis with the most elevated human rate. Analysts consider the eating of half-cooked contaminated meat as the greatest hazard and suspected ovine meat, to be a noteworthy hazard factor for human disease<sup>10</sup>. Protein connected immunosorbent measure (ELISA), otherwise called a chemical immunoassay (EIA), is a biochemical strategy utilized by and large in immunology to distinguish the nearness of a neutralizer or an antigen in an example. In straightforward terms, in ELISA, an obscure measure

of antigen is attached to a surface of wells, and after that explicit counter acting agent is connected over the surface so it can tie to the antigen. This counter acting agent is connected to a compound by utilize conjugated (catalyst Ab), and in the last stage a substance is included that the protein, and this can change over to some perceptible flag, most ordinarily a shading change in a synthetic substrate. The location of explicit IgM and IgG antibodies has been utilized serological marker for diagnosing ongoing toxoplasmosis<sup>21</sup>. The reason for this examination was to decide the rate of Toxoplasmosis in pregnant ladies in karbala city from October 2018 to April 2019.

## **Materials**

In this examination 100 blood test of pregnant ladies experiencing premature deliveries were gathered from patients who go to the Karbala Maternity and Children Hospital from October/2018 to April /2019. These ladies submit to a history and physical examination to ponder event of *T. gondii*. The period of patients extended between (19-50) years of age. Five ml blood tests were

gathered by vein cut from every single contemplated lady subsequent to cleaning the skin with 70% liquor. Blood tests were gathered in plastic cylinders and left to cluster for around 30 min. at room temperature, at that point they were centrifuged for five minutes at 3000 rpm and isolated sera were moved into different cylinders<sup>22</sup>. The gathered sera were put away at - 20C until utilized for the required test in the Central Public Health Laboratory/ Karbala; where the ELISA test has been finished. For assurance of T .gondii antibodies (IgM and IgG) , we utilized a third-age of compound immunoassay packs for T .gondii IgM and IgG ELISA units/BioCheck-USA.

**Parasitological examination**

One drop of blood placed at the end of one slide and by the other slide in angle of forty five touched the drop of blood by the end of the slanted slide so the blood run the space beneath it. The slanted slide was drawn quickly and the blood was pulled behind as previously mentioned (Zweygarth et al., 2002). The blood smear was dried in air, fixed by absolute methyl alcohol and was stained with Giemsa 10% for 20 minutes in neutral phosphate buffer saline then was washed and dried.

The slide was then allowed to dry prior to microscopic examination at 100x magnification.

**Results**

From 100 abortion women 21(21%) serum sample were positive for anti- Toxoplasma antibodies and this positive results were diagnosed as 9 (42.85%) for anti IgM antibody and 12 (57.14%) for anti IgG antibody from 100 abortion women 21(21%) serum sample were positive for anti- Toxoplasma antibodies and this positive results were diagnosed as 9 (42.85%) for anti IgM antibody and 12 (57.14%) for anti IgG antibody , microscopic sample of blood samples, 14 positive blood samples from 100 were found and the infection was identified by its characteristic characteristics. Table (1) showed IgG and IgM anti-toxoplasmosis percentage in patients distributed over different age groups; the highest percentage of acute infected patients was(18.91%) in the age group (20-25) years old, while the lowest percent was (5.55%) in the age group (36-40) years old while the highest occurrence of chronic infection were(11.76%) at the age groups (26-35) years.

**Table (1) Anti Toxoplasma Antibodies and Percentage in Miscarriages Women According to The Age Groups by ELISA Test :**

Age groups (years)	No. Sex	IgM- positive (No.)	IgM- positive (%)	IgG- positive (No.)	IgG- positive (%)
20>	13	.....	.....	.....	
20-25	37	6	16.21%	8	21.62%
26-35	21	2	9.52%	3	14.28%
36-40	18	1	5.55%	1	5.55%
41<	11	.....	.....	.....	.....
total	100				

Table (2) Toxoplasmosis and Residency: The high ratio occurred in rural patients (12.72%) depending on IgM and (4.44%) in urban. on the other hand, results showed for IgG antibodies (14.54%) in rural, whereas they were (8.88%) in urban patients as revealed in table (4):

**Table (2): Anti Toxoplasma Antibody and Percentage According to Residency by ELISA Test :**

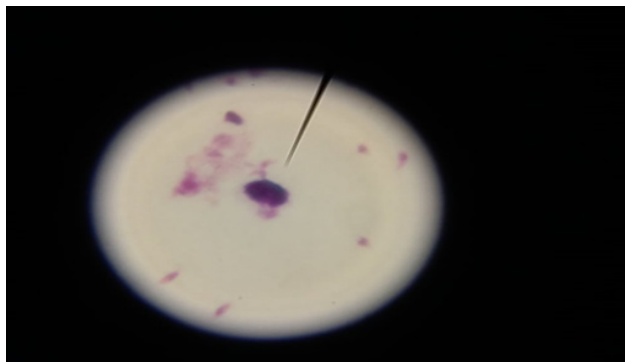
Place of residence	No. of individuals	IgM- Positive No.(%)	IgG- Positive No.(%)
Rural	55	7 (12.72%)	8 (14.54%)
Urban	45	2 (4.44%)	4 (8.88%)
total	100	9 (9%)	12 (12%)

Table (3) revealed IgG and IgM anti-toxoplasmosis percentage in patients distributed over three trimesters of pregnancy.

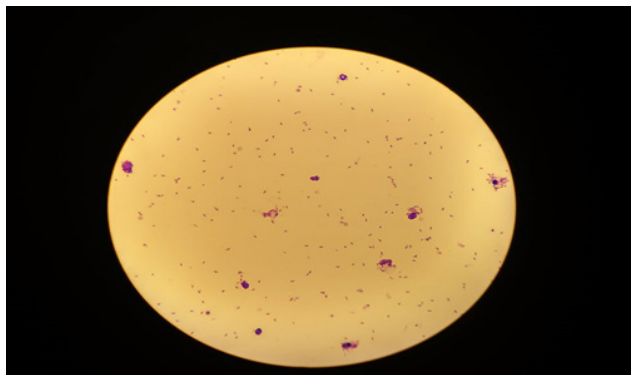
**Table (3): Distribution of Positive Samples for Toxoplasma According to Trimesters of Pregnancy :**

Trimesters of Pregnancy	Total No	IgM- positive (No.)	IgM- positive (%)	IgG- positive (No.)	IgG- positive (%)
First Trimester	43	3	6.97 %	3	6.97%
Second Trimester	45	5	11.11%	6	13.33%
Third Trimester	12	1	8.33%	3	25%
total	100				

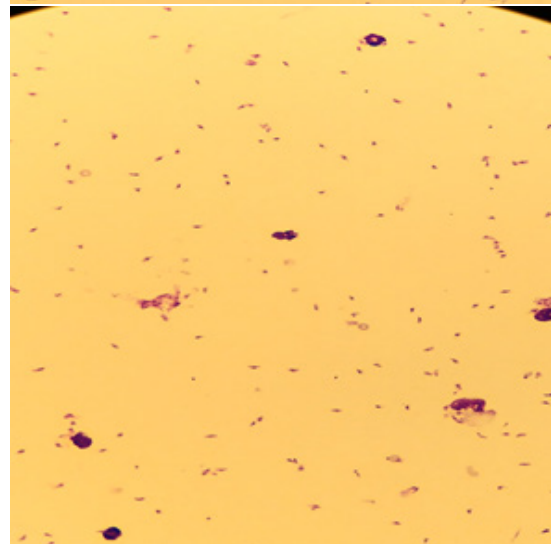
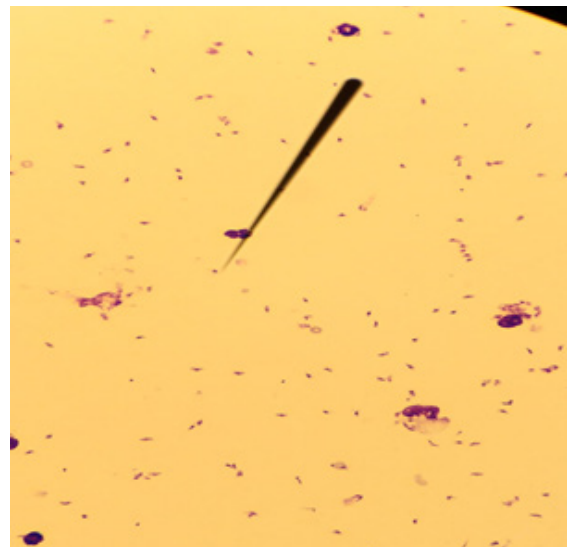
P-value. <0.05



**FIGURE 1. Giemsa stained thin blood smear showing Toxoplasma infection bradyzoit**



**FIGURE 2. Giemsa stained thin blood smear showing Toxoplasma infection tachyzoit**



**FIGURE 3. Giemsa stained thin blood smear showing Toxoplasma infection tachyzoit**

The commonness of *T.gondii* contamination in the present investigation was (21%) in Karbala area and ; the most noteworthy level of intense tainted patients was(18.91%) in the age gathering (20-25) years of age, while the least percent was (5.55%) in the age gathering (36-40) years of age while the most elevated event of unending disease were(11.76%) at the age gatherings (26-35) years. There were likenesses and distinction between the recorded outcomes and numerous others from various area around Iraqi region. In AL-Mosul, <sup>6</sup> announced 69.2% seropositive for this illness in similar patients gatherings, while 49.85% were certain by <sup>9</sup> in Duhok, and 60.21%, by<sup>1</sup> and by <sup>8</sup> 80.6% in Baghdad .<sup>17</sup> in Babylon who detailed 43% positive outcome. Such contrasts were normal as the malady event relied upon the ecological conditions what straightforwardly influences on the survival and spread of this parasite. Other examination likes <sup>7</sup> alludes to the nearness of more than one hazard factor may impact the event of toxoplasmosis as the clean conditions and propensities for individuals. In Arab nations, for example, Egypt , El Deeb, et al. (2012) has revealed that (67.5%) are seropositive for *T.gondii* and in Saudi Arabia are ( 38 %) <sup>4</sup> and (30.8%) are seropositive in Qatar (Marawan,2010). In different zones of the world, the present outcomes are about like what announced in Nigeria, 46% in Tanzania and 47% in France (rustic region) <sup>12</sup>. Be that as it may, they are higher than what in joined kingdom, (22%) and in South Korea, (43%) as detailed via Carl (2006). This high commonness of the sickness might be because of the high number of hazard factors and numerous wellsprings of disease which incorporate the half-cooked meat sullied with growths, eating unwashed vegetables or crude meat ingestion of sporulated oocyst in soil (for example amid planting eating). such finding might be because of distinction in the immunological status of ladies under examination at the time of tests accumulation and this concurs with <sup>14</sup>. The percent of affiliation antibodies is 13 (7.14%) from the seropositive, while it is 15 (12 %) by <sup>7</sup> . The investigation of <sup>5</sup> in Egypt alludes to the percent of IgM (27.3 %) and (36.4 %) for IgG counter acting agent. While this examination appears (42.85%) for against IgM and (57.14%) for hostile to IgG antibodies. It has seen that altogether more prominent frequency of premature birth happened in patients with high immune response titers of IgM counter acting agent. This outcome is upheld by <sup>13</sup>. The nearness of against *T .gondii* (IgG) antibodies in the example of serum isn't adequate to initiate the way that the patient has been contaminated <sup>15</sup>, while the nonappearance of IgG early or

before pregnancy permits distinguishing proof of ladies in danger for getting the disease <sup>18</sup>. In any case, IgG class of antibodies is commonly useful in the analysis of intensely displaying sicknesses on the grounds that these antibodies take 1-9 weeks to create <sup>13</sup> and proceeds for a considerable length of time or years. The high level of contamination is in the second trimester of pregnancy 11.11 % and 13.33 % separately. No noteworthy impact of trimesters on the frequencies of toxoplasmosis is showed up amid the ongoing examination. Regardless of the quantity of patients from provincial territories is higher yet it is a piece of the aggregate; country ladies are sure for hostile to *Toxoplasma* counter acting agent and this outcome might be because of the way that numerous ladies in rustic locales live in low close to home cleanliness, poor sterile, insufficient legitimate treatment and low instructive dimension about hazard factors, such lead to transmission of *T. gondii*. The job of wellbeing instruction is considered by <sup>16</sup> as a fundamental factor in diminishing the event of this contamination. The urban regions in Babylon region demonstrate a blend of various financial classes. Such a large number of ladies in downtown area live in poor sterile and low financial state as or even not exactly a significant number of country regions incorporated into the present investigation; this brought about huge likenesses in the quantity of tainted prematurely ended ladies. This outcome is reliable with <sup>2</sup> in Tikrrit, who has discovered that the seropositivity is higher in country zones (36.36%) than focus ones (32.05%), <sup>19</sup> in Kirkuk who found that the seropositivity is higher among pregnant ladies from rustic zones (50.0%) than those in focus regions (33.5%). This might be ascribed to the nearness of indoor felines, or even the stray one in the rustic regions more than in the city, which is considered as a last host for *T. gondii* and a primary hotspot for spreading the irresistible oocyst in the dirt, water, vegetables and natural products utilized for every day expending. Be that as it may, it isn't steady with an investigation in Ninewah by <sup>3</sup>, who has discovered a higher pervasiveness among the city inhabitant (38%) than the country one (29%), likewise in Osorno (Chili) by <sup>23</sup>. who has discovered a slight higher commonness in the urban territories than the rustic ones.

## Conclusion

The investigation demonstrated that enemy of *Toxoplasma* IgG, IgM, and by and large seropositivity of all antibodies were 42.85% and 57.14% separately. There was noteworthy impact of age on extent rate .The

most noteworthy disease rates were found at 20-25 age gathering, while the least contamination rate found at 36-40 age gatherings. The all out predominance was more in Second Trimester of pregnancy (12.22%). IgG was increasingly amassed in Second Trimester (13.33%) than IgM (11.11%). No noteworthy distinction was found among residency and the commonness of *Toxoplasma gondii* antibodies in both rustic and urban territories. Watchwords: *Toxoplasma gondii* Infection, Toxoplasmosis. Using a microscopic sample of blood samples, 14 positive blood samples from 100 were found and the infection was identified by its characteristic characteristics .

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**Conflict of Interest:** None to declare.

**Ethical Clearance:** All experimental protocols were approved under the Department of Basic Medical Sciences /College of nursing /University of wraith Al-anbiya'a, Iraq and all experiments were carried out in accordance with approved guidelines.

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