

# Genotyping of Tumor Necrosis Factor- $\alpha$ in Inflammatory Bowel Iraqi Patients

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## Abstract

The *TNF- $\alpha$*  gene considered as strong candidate for immune modulator and pro inflammatory cytokine responsible for genetic susceptibility of chronic disease such as the initiation and development of inflammatory bowel disease (IBD). The aim of this study is to investigate the genetic polymorphisms of -1031 in *TNF- $\alpha$*  gene with susceptibility of Iraqi IBD patients

**Method:** The total number of this study 95 blood samples (75 Iraqi IBD patients and 20 from healthy individuals as a control group). The genetic polymorphisms in *TNF- $\alpha$* -1031 gene was investigated using restriction fragment length polymorphism (RFLP) and Sanger sequences techniques.

**Results:** The genotype allele frequency of -1031 polymorphism was significantly higher in CD Iraqi patients ( $P=0.042$ , Chi 4.612. OR= 0.72-1.64), C allele may be have protective role, whereas the T allele may increase susceptibility to IBD.

**In conclusion:** The *TNF- $\alpha$*  -1031 gene polymorphisms in promoter region have an important role in the occurrence of inflammatory bowel disease of Iraqi population especially in CD patients although some results didn't give us a significant differences. It's possible that C allele may be have protective role, whereas the T allele may increase susceptibility to IBD.

**Key words:** *TNF- $\alpha$*  -1031 Tumor necrosis factor, inflammatory bowel disease, ulcerative colitis and Crohn's disease.

## Introduction

IBD include both Crohn's disease (CD) and ulcerative colitis (UC), patients with IBD suffer from some common symptoms such as acute diarrhea, abdominal pain, fatigue and weight loss<sup>(1)</sup>. The location of the two type of inflammation is different, it affects entire gastrointestinal tract in the CD where the UC affects the ileum and colon<sup>(2)</sup>. Environmental factors, genetic and immune regulation play a key role in development and progression of IBD which characterized by an irregular immune response of the mucous layer in the intestine to bacterial antigens within the intestinal lumen<sup>(3)</sup>. Regulation of cytokines such as TNF- $\alpha$  and IL-6 play a key role in activation of T helper cells (type 1 and

17) which causes inflammation disease<sup>(4)</sup>. TNF- $\alpha$  is the important cytokine for inflammation as it participates in immune response to IBD<sup>(5)</sup>. TNF- $\alpha$  characterized with a wide range of inflammatory activity it is usually produced by macrophage and monocyte although there are other types of cells that are produced but in limited quantities<sup>(6)</sup>. Inflamed mucous layer of the intestine in IBD patients have increased gene expression of *TNF- $\alpha$*  gene<sup>(7)</sup>. TNF- $\alpha$  not only stimulates the acute stage of inflammation but plays role for the occurrence apoptosis, proliferation and differentiation of cells and several immune disorders<sup>(8)</sup>.

There is a correlation between the genetic polymorphisms of the encoded gene of TNF- $\alpha$  and the susceptibility to IBD<sup>(9)</sup>. The *TNF- $\alpha$*  gene have shown several polymorphisms in its four exons. However, most of the common reported polymorphisms are identified in the promoter region of this gene<sup>(10)</sup>. The *TNF- $\alpha$*  promoter region include various a single nucleotides

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polymorphisms that have shown a significant association with IBD<sup>(11)</sup>, like *TNF- $\alpha$*  (-308G/A)<sup>(12)</sup> and *TNF- $\alpha$*  -857 polymorphism<sup>(13)</sup>. The response to anti *TNF- $\alpha$*  agents is increased and reduced by the effect of genetic factors of individuals<sup>(14)</sup>.

The aim of this study is to detect the *TNF- $\alpha$*  -1031 gene polymorphisms as its important factor in IBD development and treatment.

## Materials and Method

### Patients:

Blood samples were obtained from 75 Iraqi patients suffering of IBD who were attending the Gastroenterology and Hepatology Disease Center in Baghdad between September–December, 2018. Patients samples were selected after the diagnosis was made by the specialist doctor, in addition to 20 blood samples were collected from apparently healthy individuals. Ethical permission to conduct the research was obtained from this hospital and from all participants in this study.

### DNA Extraction

Genomic DNA was isolated from blood sample according to the instructions of ReliaPrep™ Blood gDNA Miniprep System kit (Promega, USA).

### Polymerase chain reaction (PCR)

PCR was done for *TNF- $\alpha$* -1031 gene amplification, each 20  $\mu$ l mixture of PCR reaction include 10  $\mu$ l of master mix, 1 for each primer and 5 distilled water and 3 of genomic DNA. The forward and the reverse primers were 5'-TATGTGATGGACTCACCAGGT-3' and 5'-CCTCTACATGGCCCTGTCTT-3' respectively<sup>(15)</sup>.

PCR amplifications were achieved in Thermal cycler (Applied Biosystem 96). PCR reactions were started through initial denaturation at 95 °C for 5 min followed by 30 cycles of denaturation at 95 °C for 30 s., annealing at 55 °C for 30 s. and extension at 72 °C for 30 s. followed by a final extension at 72 °C for 7 min. then hold at 4 °C.

### Restriction Fragment Length Polymorphism (RFLP):

PCR products were digested with restriction enzyme, 1  $\mu$ l from BbsI enzyme (Biolabs, England) was

added to 5  $\mu$ l of PCR product for each sample. RFLP was performed using Thermal Cycler (Bio Rad, USA) with the following temperature program: 37 °C for 3 hour, enzyme inactivation at 65 °C for 5 minutes followed by 10 min incubation at 4 °C to stop the reactions. The restriction enzymes fragments were separated on 2% agarose gel stained with ethidium bromide stain.

### Sequencing

PCR products were send to Macrogen Corporation – Korea for Sanger sequencing using (ABI3730XL, automated DNA Sequencer). The results were analyzed using genious software.

### Statistical analysis

The Hardy-Weinberg equilibrium was used by the chi-square test to evaluate the frequency of genotypes and correlation of the *TNF- $\alpha$*  -1031 genotypes or alleles between IBD patients and controls group. Calculated Odds ratio (OR) with 95% confidence interval (95% CI) for assessing the correlation strength. All data were analyzed using SPSS (2012). A *p* value of <0.05 was considered significant<sup>(16)</sup>.

### Results and Discussion:

#### Clinical Characteristic of Patients

The total number of this study was 95 blood samples including 75 blood samples from IBD Iraqi patients in addition to 20 blood samples from healthy individuals as a control group. The IBD patients whose enrolled in this study divided into two groups: the first group 47 UC patients and 28 CD patients. Table 1 refer to the clinical characteristics of IBD patients, the ages where ranged between (19-57) years. High rate of patients less than 50 years (81%) with IBD were found in this study while the older age group or more than 50 years was (19%) with high significant association ( $P < 0.01$ ). This result was agreed with<sup>(17)</sup> they stated that the peak occurrence of the IBD occurs in the second or third decade of life. High incidence of IBD in females, it was (57%) compared with (43%) in males, significant association ( $P < 0.05$ ), was appear depend on patients gender. Statistically significant differences were observed between IBD patients and controls depend on type of disease, patients with UC were (60%) higher than patients with CD (40%), these results consist with other Iraqi study from Erbil city<sup>(18)</sup>, this data may be indicate to that UC has more prevalent than CD in Iraqi population.

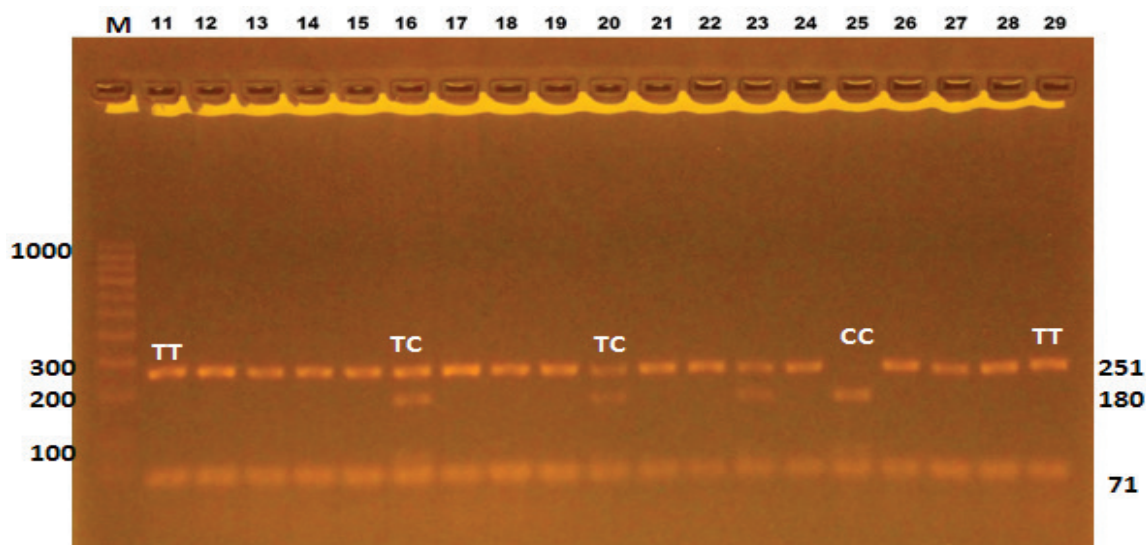
**Table 1: Clinical Characteristics of IBD Patients**

| Clinical characteristics | Total No. and Percentage % | Chi-Square |
|--------------------------|----------------------------|------------|
|                          | 75(100%)                   |            |
| Average age              |                            |            |
| 50 ≥                     | 14(19%)                    | 13.208 **  |
| 50 <                     | 61(81%)                    |            |
| Gender                   |                            |            |
| Male                     | 32(43%)                    | 5.017 *    |
| Female                   | 43(57%)                    |            |
| Type of disease          |                            |            |
| UC                       | 45(60%)                    | 7.250 **   |
| CD                       | 30(40%)                    |            |

**Genotyping of *TNF-α* - 1031 gene and Alleles frequency in IBD patients**

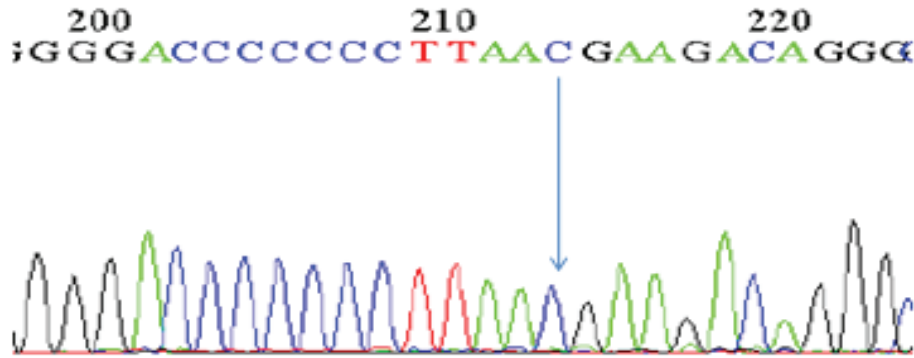
The genetic polymorphisms in *TNF-α* gene considered as strong candidate for immune modulator and pro inflammatory cytokine responsible for genetic susceptibility of chronic disease and the initiation and expansion of IBD (19).

The genetic polymorphisms in the -1031 (T→C) of *TNF-α* gene promoter (db SNP accession number 1rs1799964) was investigated in Iraqi patients with IBD by PCR-RFLP technique and Sanger sequences to determine the genotypes/allele frequency, at this site there are three genotype of *TNF-α* T-1031C in promoter was found , TT with band sizes 251bp and other small band 13 pb that emerge with primer dimer while TC and CC that have band sizes (251/180/ 71) pb and (180/71) pb respectively Figure 1. The sequences analysis of *TNF-α* – 1031T>C showed in Figure 2 .



**Figure 1: Genetic polymorphism in T -1031 C of *TNF-α* gene on 2% agarose gel with ethidium bromide dye after digestion with *Bbs*I enzyme, M : DNA molecular size marker (100bp) , Lane (11) TT genotype (251/13) bp , Lanes (16,20) TC genotype (251/180/ 71) bp and line (25) CC genotype (180,71)bp.**

**TNF-α -1031 T >C position**



**Figure 2 : Sequences analysis of TNF-α – 1031T>C using forward primer.**

The frequency distribution of genotypes and alleles of TNF-α-1031

in IBD patients and control groups are summarized in Tables 2 .The Present results showed 62.7% vs 70 % ( $p=0.061, Chi=3.091$  NS,  $OR=0.377$ ) for homozygous T allele in IBD patients and control group, the homozygous CC genotype was (5.33% vs 5% ) in IBD patients and control group , ( $p=0.872, Chi=0.055$  NS ,  $OR=0.0162$ ) The T>C heterozygous genotype in IBD patients (32%) was higher ratio than control(25%) ( $p=0.069, Chi=2.983, OR=0.352$ ) the data showed no significant difference was found in correlation to the three genotypes, our results agreed with Iranian population <sup>(20)</sup>.

Alleles frequency for T and C alleles in IBD patients and control group were (0.97, 0.83) and (0.21, 0.17) respectively. The results revealed that there was no significant association regarding genetic polymorphism in TNF-α (-1031T/C) polymorphism in IBD patients , statistical analysis indicated that TNF-α (-1031T/C) was not a risk factor to IBD.

**Table 2: Genotyping of TNF-α - 1031 gene in IBD patients**

| Genotype         | Patients IBD<br>N (%) 75(100%) | Control<br>N (%)<br>20 (100%) | P-Value | Chi-Square | OR (CI)               | EF    | PF    |
|------------------|--------------------------------|-------------------------------|---------|------------|-----------------------|-------|-------|
| <b>TT</b>        | 47 (62.67%)                    | 14 (70.00)                    | 0.061   | 3.091 NS   | 0.377<br>(0.78-1.49)  | 0.511 | ***   |
| <b>TC</b>        | 24 (32.00%)                    | 5 (25.00)                     | 0.069   | 2.983 NS   | 0.352<br>(0.82-1.55)  | ***   | 0.376 |
| <b>CC</b>        | 4 (5.33%)                      | 1 (5.00)                      | 0.872   | 0.055 NS   | 0.0162<br>(0.69-1.58) | ***   | 0.152 |
| Allele Frequency |                                |                               |         |            |                       |       |       |
| <b>T</b>         | 0.79                           | 0.83                          | --      | --         | --                    | --    | --    |
| <b>C</b>         | 0.21                           | 0.17                          | --      | --         | --                    | --    | --    |

NS: Non-Significant.

OR = Odd Ratio CI = Confidence Interval EF = Etiology fraction PF= Preventive fraction

Our study demonstrate that the TT genotype has clearly indicates an etiology for IBD, as it had an OR of 0.377 and Etiologic Fraction (EF) of 0.511 (Table 3), in contrast, the TC and CC genotype have rather preventive role as it had Protective Fraction (PF) of .376 and 0.152 respectively with low OR (0.352 and 0.0162) .With the possibility of C allele may be have protective role , whereas the T allele may increase susceptibility to IBD.

**Genetic polymorphisms of *TNF-α* gene in UC patients**

Genotype of the *TNF-α* genes (-1031) polymorphisms in 45 UC patients (Table 3) .The data revealed that homozygous TT genotype was found 63.83% vs 70% in UC patients and control group respectively ( $p=0.067$ , Chi=3.055 NS, OR=0.362) while homozygous CC genotype in UC patients and control group 6.38% and 5% respectively .Heterozygous T>C genotype in UC patients(29%) was higher than control group (25%) however , the three genotypes in current work didn't give significant differences . The heterozygous T>C genotype in this study similar with (21).

Our results also similar to data by Asghar and his colleagues (22) ,they investigated the possible association between five single nucleotide polymorphism (SNPs) in *TNF-α* gene promoter polymorphisms including -1031T/C in a Japanese population with endometriosis, their results revealed that -1031 (65.1%) TT , (31.7%) TC, (2.8%) CC, (81.4%)T (18.6%)C, the -1031C polymorphism with no significant difference in the frequency of in the *TNF-α*-1031 gene promoter .

The T allele in promoter region of *TNF- α* gene at -1031 site gave a significant risk for development in Turkish and Iranian IBD especially UC patients and also found that C allele was very low in patients and could have a protective role ,the variation in *TNFα*-1031 T allele may increase the risk for developing UC , single nucleotide polymorphism -1031 T > C could have important effect in pathogenicity of IBD that lead to increase *TNF-α* levels in IBD patients (23). Increased expression of *TNF-α* , high serum levels have been documented in intestinal tissues and IBD patients (24).

**Table 3: Genotyping of *TNF-α*-1031 gene in UC patients**

| Genotype             | UC Patients<br>N (%)<br>47(100%) | Control<br>N (%)<br>20(100%) | P-Value | Chi-Square | OR (CI)               | EF    | PF    |
|----------------------|----------------------------------|------------------------------|---------|------------|-----------------------|-------|-------|
| TT                   | 30 (63.83)                       | 14 (70.00)                   | 0.067   | 3.055 NS   | 0.362<br>(0.84-1.58)  | 0.269 | ***   |
| TC                   | 14 (29.79)                       | 5 (25.00)                    | 0.080   | 2.741 NS   | 0.279<br>(0.78-1.62)  | ***   | 0.084 |
| CC                   | 3 (6.38)                         | 1 (5.00)                     | 0.706   | 0.051 NS   | 0.0158<br>(0.83-1.62) | ***   | 0.081 |
| Allele Frequency     |                                  |                              |         |            |                       |       |       |
| T                    | 0.79                             | 0.83                         | --      | --         | --                    | --    | --    |
| C                    | 0.21                             | 0.17                         | --      | --         | --                    | --    | --    |
| NS: Non-Significant. |                                  |                              |         |            |                       |       |       |

**Conclusion**

This paper suggests that *TNF-α* -1031 gene polymorphisms in promoter region has an important role in the occurrence of inflammatory bowel disease of IBD

patients in Iraqi population especially in CD patients although some results didn't give us a significant differences. It's possible that C allele may be having protective role, whereas the T allele may increase susceptibility to IBD. Other studies are needed with

large number of IBD patients to support our results.

**Ethical Clearance:** The Research Ethical Committee at scientific research by ethical approval of both environmental and health and higher education and scientific research ministries in Iraq

**Conflict of Interest:** The authors declare that they have no conflict of interest.

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