

Drug Addiction and the Most Important Diseases that affect Human Mental, Mental and Physical Health in Iraqi Society

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Abstract

First: Problem and Importance of search

The effects of psychological, health, mental and physical are serious diseases that affect the individual drug user was not the drug of this age has been known by man since ancient times and fought ancient societies medically, culturally, socially and religiously Human life from the deterioration of his health and his illnesses complex mental health, mental and physical

Second: Goals of search

Drug addiction and the most important diseases that affect human mental, mental and physical health in Iraqi society.

Third: Society and sample of search

The study sample was selected on two middle schools in Al-Hilla city (Imam Ali School for Boys and Bint Al-Huda School for Girls). 100) Researched and used the method of social survey method intentional sample and questionnaire, interview, observation, participation and statistical methods and hypotheses and the most important treatments for addicts are psychological, health, mental, physical and social treatment.

Keywords: *Drug addiction, human mental, physical health*

Introduction

The problem of drugs is one of the most important problems that cause great danger to the future of society, because they have individual and social effects, and the society is responsible for it as a part of its wealth. Since ancient times and thousands of years, mankind has known some plants and herbs to use them as medicine. Drugs were not born of this era it has been known to human since the ancient times and fought by ancient societies culturally, socially and religiously, Where drugs are the most serious disaster known to humanity in its history and began to evolve into an illegal international trade sponsored by organized gangs aimed at destroying the energies and capabilities and values of the youth of society which it is true treasure and this means emptying the community of creative minds in it so that our backward society remains easy to control. For decades, Iraqi society has faced fierce attacks that are trying to overthrow Iraqi society and destroy all its

capabilities. These attacks are an attempt to destroy Iraqi society, especially the youth and adolescents who are more vulnerable than others to receive everything new, In spite of all attempts, efforts must be made to combat the preservation of the entity and build a good society and having a valuable system. Drug addiction and the most important diseases that affect human mental, mental and physical health in Iraqi society. The problem is known linguistically: "The problem and the problem are all problems and problems of difficult and code ¹. The problem defines a idiom: it is a state of form and confusion, some puzzling or searching to get rid of this situation, replacing it with a feeling case of satisfaction and agreement ². Drugs are linguistically called: They are all substances that lead to relaxation, debility, transport and sleepiness. They also reduce or eliminate pain. It is an incomplete definition. If we take this definition with, opium, morphine and heroin are drugs but the class of stimulants such as amphetamine or hallucinogens (LSS) cannot be placed under this definition ³. Drugs legally:

They are the materials specialized by the law of each country in special schedules, which the authors of these laws believed that it is harmful to the individual, group or nation⁴. The United Nations Commission on Narcotic Drugs knew that it was any raw or prepared substance containing hypnotic and analgesic elements that, when used in non-medical industrial conditions, would lead to a state of habitual or addictive addiction to the individual and society, physically, psychologically and socially⁵.

Factors leading to drug abuse.

First: The Economic Factors

1-The high standard of living, which receives a lot of burdens on the individual makes him incapable of it, which leads him to abuse trying to escape from his social reality.

2- Unemployment as a result of the great pressures placed on difficulty of life and as a result

3-Increasing the requirements of life in general where there are no longer called so-called luxury needs, but have become necessary⁶.

Second: Psychological factors: There are a group of psychological factors exert a great impact on the person forced him making him giving up to the difficulty, the result of that is the practice of escaping from the reality to drug abuse or both⁷:

1-The many psychological pressures resulting from frustration because it is not achieved for a particular desire or need.

2-Feeling of a deficiency compound due to a certain disability, handicap or failure to match others at certain levels of class, cultural or other.

3-Feeling of failure, inability and no efficiency.

Thirdly: Social factors:

1-Meeting or accompanying bad companions: The collection of psychological and social studies conducted on the causes of drug abuse with these friends⁸.

2- The feeling of emptiness: There is no doubt that the existence of the vacuum with the availability of places that are good for the energy of young people⁹.

3- Traveling abroad: There is no doubt that traveling abroad with all the means of flattering and for drug abuse¹⁰.

4-Excessive cruelty to children: It is one of the things almost gathered by the scholars of reprimand, then reflected on his, sin and drug abuse which can find it¹¹.

5-The influence of the media: The media have a large role in the members of society, especially the youth group¹².

6-The absence of the school's message: This is the responsibility of the director or teachers and should be withdrawn from corruption and vices¹³.

The second topic: the most important effects and problems of drug abuse

The social effects of drug addiction are¹⁴:

1-The abuser becomes a bad example to be followed by his family and society.

2- The possibility of transferring the abuser to the family members through imitation and simulation.

Second: The economic effects of the addiction¹⁵:

1-Waste funds and large human resources in order to deal with this, or spend money by the state and the concerned parties.

2-Damage to the national product of the father because of the trade activities prohibited by law.

A-The economic effects on the level of the individual: that the addiction to a large impact on the individual ones lead to the destruction of money and the children's food and perhaps a deviation to the path of dishonesty, social and economic damage)¹⁶.

B- Economic Impacts at the State Level: Most of the world's countries produce drug consumption, which is an organized public trade about \$ 120 billion annually on accidents, crimes and diseases¹⁷. One of the most dangerous effects of addiction on the role of economic activity as follows¹⁸:

- Third: the impact of drugs on society¹⁹:

1-Addiction affects the modesty of the community may show the crimes of rape, assault, murder and car accidents.

2-The spread of infectious diseases and the most serious AIDS.

Fourth: Health and psychological effects²⁰ :

1- Psychological and mental disorders due to drugs effect on the nervous system.

2-Drug abuse leads to a general disorder of thinking and difficulty²¹

Chapter Four: Field Research Procedures

First: Research Methodology.

1- Social Survey Methodology:

A- Comprehensive survey: which conducts a comprehensive study of all the subjects of society through .

B- Survey method of the sample: In which the researcher only study a specific number of cases or subjects within the time and effort and possibilities available to the researchers²² .

Current research objectives which require a community and a search sample.

1-The research community²³ .

1-Social researchers often find it difficult to conduct a comprehensive field study of all the items of the research part of the community keen to accurately represent the characteristics and components of research²³ .

2. Sample of the research: A sample of (100) respondents was selected from the research community. For the purpose of achieving the current research, the questionnaire tool was to be distributed to the respondents in two preparatory schools and for the final stages only in Hilla city: Imam Ali School for Boys, Bin al-Huda School for Girls²⁴ .

Fourth: Fields of research: In each field study areas of study should be identified and clarified by the researcher, these areas are centered in three aspects is the human, geographic and temporal, it can be clarified these areas as follows:

- **Human field:** means the individuals to whom the field study will be conducted, the human field is in the city of Hilla for preparatory schools (Imam Ali school for Boys - Bint Al Huda school for girls) was a model in the final stages

- **Spatial field:** The location or geographical area in which the field study will be conducted in Hilla city

for Preparatory Schools (Imam Ali for Boys - Bint Al Huda for Girls) is a model.

- **Time field:** means the length of time spent in the collection of information and data related to the study, and the field study process for the study sample took a period of time from 11/1/2019 to 27/3/2019. only.

- statistical methods in the process of describing and analyzing research data⁽²⁵⁾ :

- 1- percentage(%)
- part
- Percentage= -----x 100
- All

Table (1) shows the number of family members of the respondents

Num. of family	Num.	Percentage
3-2	20	20%
4-5	38	38%
6-7	26	26%
8-9	16	16%
Total	100	100%

It is clear from the table above, the second category (4-5) the percentage was (38%) , percentage (16%). We conclude from this that the age group of (4-5) took more percentage .

Table (2) shows the monthly income for the Family

Monthly income for the family	Num.	Percentage
Less than needed	8	8%
Fill the need	72	72%
Overflowing	20	20%
Total	100	100%

The above table shows that the monthly income of the research sample, that covers the need, with percentage reached (72%), the latter rank is lesser than the need with (8%).

Table (3) shows that drug abuse leads to family problems of the respondents

Addiction abuse causes problems to the family	Num.	Percentage
Yes	90	90%
No	2	2%
Not always	8	8%
Total	100	100%

The table shows that the drug abuse leads to the family problems, the respondents who answered (yes) were (90%). While those who answered (no) of the respondents were (2%).

Table (4) shows the weakness of the religious faith of the respondents

religious faith	Num.	Percentage
Yes	66	66%
No	14	14%
Perhaps	20	20%
Total	100	100%

The above table shows that the weakness of the religious faith leads to the individual to come to drug abuse, those who answered (yes) of the respondents, were (66%). those who answered (no), the percentage was (14%).

Table (5) shows that family disintegration is a driving force for drug abuse

family disintegration force for drug abuse	Num.	Percentage
Yes	52	52%
No	14	14%
Not always	34	34%
Total	100	100%

The table above shows that family disintegration. The number of respondents with “yes” are (52%). While those who responded with “no” by (14%).

Table (6) shows the most important factors leading to drug abuse.

Factors driving for drug abuse	Num.	Percentage
Economic	26	56%
Social	22	22%
Psychological	48	48%
Religious	4	4%
Total	100	100%

The table above shows that the factors leading to drug abuse were (48%). those who responded to religious factors were (4%).

The results of the research and the most important treatments and recommendations to address the problem of drugs and the most important steps to prevent children from abuse

First: Search Results: The research resulted in a number of results, the most prominent of which were:

1-It was found that 20% of the respondents answered that the level of income is over their needs.

2. It was found that (90%) of the respondents have answered that drug abuse leads to family problems.

3-The results of the field research revealed that (66%) said that the weakness of the religious.

4-It was found that the most important factors that drive society members to drug abuse are psychological factors, which came first and by (48%).

5-It was found that the use of drugs leads individuals to use the crime and a percentage of (68%) as a result of loss of feeling and lack .

Second: The most important preventive measures

1-Enhancing the capabilities of the specialized security forces in the fight against drugs, especially at border ports, ports and airports.

2-Participation of members of the security forces and police services in training courses .

3.Encouraging the citizen to report and provide information about those involved in drug crimes.

4-Enhancing the effectiveness of coordination between the security agencies to monitor .

5-Coordinating anti-narcotics efforts through continuous exchange and organizing efforts in this field.

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Conflict of Interest: None to declare.

Ethical Clearance: All experimental protocols were approved under the Babylon University, Faculty of Arts, Iraq and all experiments were carried out in accordance with approved guidelines.

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